

# IT Department Team Building Activities

Date: [Insert Date]

Time: [Insert Start Time] - [Insert End Time]

Location: [Insert Location]

## Agenda

1. **Welcome and Introduction** - 10:00 AM - 10:15 AM
2. **Icebreaker Activity** - 10:15 AM - 10:45 AM
3. **Team Building Exercise 1** - 10:45 AM - 11:30 AM
4. **Break** - 11:30 AM - 11:45 AM
5. **Team Building Exercise 2** - 11:45 AM - 12:30 PM
6. **Lunch** - 12:30 PM - 1:30 PM
7. **Discussion and Feedback** - 1:30 PM - 2:00 PM
8. **Closing Remarks** - 2:00 PM - 2:15 PM

We look forward to a fun and constructive day!