[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Date] [Teacher's Name] [School's Name] [School's Address] [City, State, Zip Code]

Dear [Teacher's Name],

I hope this message finds you well. I am writing to sincerely apologize for my recent behavior in class that undermined your authority. Upon reflection, I realize that my actions were disrespectful and disruptive, and I deeply regret any distress I may have caused you.

It was never my intention to disrespect you or the learning environment you work hard to maintain. I value the effort you put into teaching and the important role you hold in guiding us. I understand that what I did was wrong, and I am committed to being more respectful in the future.

Thank you for your understanding and for your dedication as an educator. I assure you that I will work hard to regain your trust and to demonstrate that I can uphold a respectful attitude in your class.

Sincerely,

[Your Name]