

Dear [Friend's Name],

I hope this message finds you well. I have been reflecting on our recent conversation, and I want to sincerely apologize for my behavior. I realize that my words and actions may have hurt you, and that was never my intention.

Our friendship means a lot to me, and I regret any pain I may have caused. I understand if you need some time to process this, but I want you to know that I am here for you whenever you're ready to talk.

Thank you for your understanding, and I hope we can mend things between us.

Sincerely,
[Your Name]