

Dear [Friend's Name],

I hope this message finds you well. I have been reflecting on our recent interactions, and I feel it is important to express my sincere regret for my behavior.

I truly value our friendship, and I am deeply sorry for any hurt my words or actions may have caused you. It was never my intention to upset you, and I regret that I did not consider your feelings in that moment.

Please know that I am committed to making things right between us. I cherish our moments together, and I hope we can move past this and strengthen our bond.

Thank you for your understanding, and I look forward to hearing from you soon.

Warm regards,
[Your Name]