

# Dear [Friend's Name],

I hope this message finds you well. I've been reflecting on our recent interactions and wanted to take a moment to express my feelings about our friendship.

I understand that I have let you down, and I deeply regret the actions that caused you pain. It was never my intention to hurt you, and I want to take responsibility for my mistakes.

Our friendship means a lot to me, and I recognize that trust is the foundation of any strong relationship. I am committed to making things right and rebuilding the trust that we once shared.

Moving forward, I promise to be more thoughtful and considerate in my actions and words. I value your feelings and opinions, and I am here to listen. Please let me know how I can support you and make amends.

I hope we can navigate through this together and emerge stronger on the other side. Thank you for considering my apology, and I look forward to hearing from you.

Warm regards,  
[Your Name]