

Mental Health Crisis Support Resource Update

Date: [Insert Date]

Dear [Recipient's Name],

We hope this message finds you well. We are reaching out to provide you with important updates regarding our mental health crisis support resources.

New Resources Available:

- **24/7 Crisis Hotline:** Call [insert number] for immediate support.
- **Online Counseling:** Schedule a session at [insert website].
- **Support Groups:** Join our weekly virtual meetings on [insert days/times].

Additional Information:

We are committed to ensuring that mental health resources are accessible to everyone. Please don't hesitate to reach out with any questions or concerns.

Best regards,

[Your Name]

[Your Position]

[Your Organization]

[Your Contact Information]