

You're Invited!

Dear [Recipient's Name],

We are pleased to invite you to our upcoming Mental Health Awareness Workshop on [Date] at [Time]. This event will be held at [Location].

The workshop aims to promote understanding and awareness of mental health issues within our community. Join us for an informative session featuring expert speakers, interactive activities, and resources to support mental well-being.

Details:

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Location]
- **RSVP:** [RSVP Contact Information]

Your participation will contribute to a supportive environment and help us combat the stigma surrounding mental health. We look forward to seeing you there!

Warm regards,

[Your Name]

[Your Position]

[Your Organization]