Dear Team,

We are excited to announce the launch of our new Wellness Initiative aimed at promoting health and well-being within our organization.

This initiative will include various programs and activities such as:

- Weekly fitness classes
- Monthly health workshops
- Mental health support sessions
- Healthy eating resources

We believe that a healthier workforce is a happier workforce. We encourage everyone to participate and take advantage of these offerings.

Stay tuned for more details and the official kickoff date!

Best regards,

[Your Name]

[Your Position]

[Company Name]