

# Dear Retail Team,

We hope this message finds you well. As part of our ongoing commitment to your health and well-being, we are pleased to share some updates regarding resources and benefits available to you.

## New Health Resources

- **Wellness Workshops:** Monthly workshops focusing on stress management, nutrition, and physical fitness.
- **Fitness Subsidy:** Financial support for gym memberships and fitness classes.
- **Mental Health Support:** Access to counseling services via our Employee Assistance Program.

## Updated Benefits

- **Health Insurance:** Updates to our health plans are now effective, providing more comprehensive coverage.
- **Paid Time Off:** Enhanced PTO policies to better support your work-life balance.
- **Parental Leave:** Improved parental leave policies for new parents.

We encourage you to take full advantage of these benefits. For additional information, please reach out to the HR department or visit our intranet portal.

Thank you for your hard work and dedication. Your health and well-being are our top priority.

**Best Regards,**

The Retail Management Team