

Upcoming Health Sessions Reminder

Dear Team,

This is a friendly reminder about the upcoming health sessions scheduled for our retail staff. Your participation is essential for maintaining a healthy work environment and ensuring your well-being.

Session Details:

- **Date:** March 15, 2024
- **Time:** 10:00 AM - 12:00 PM
- **Location:** Staff Lounge
- **Topics:** Stress Management, Ergonomics, and Healthy Eating

Please make sure to attend as we value your health and wellness. If you have any questions, feel free to reach out.

Thank you!

Best regards,
[Your Name]
[Your Position]