# **Interdisciplinary Advising Session: Academic Goals Discussion**

Date: [Insert Date]

Student Name: [Insert Student Name]

Advisor Name: [Insert Advisor Name]

### 1. Introduction

Dear [Student Name],

Thank you for taking the time to meet for our interdisciplinary advising session. The aim of this discussion is to better understand your academic goals and how we can align them with your overall educational journey.

#### 2. Academic Goals

Please reflect on the following questions:

- What are your short-term academic goals for this semester?
- What long-term goals do you have for your academic career?
- Are there specific interdisciplinary fields you are interested in exploring?

## 3. Resources and Support

We will discuss the following resources that may aid you:

- Course selection and scheduling
- Internship and research opportunities
- Networking with faculty and peers in your areas of interest

## 4. Action Plan

Based on our discussion, we will develop an action plan that includes:

- Upcoming meetings and check-ins
- Action items you'll pursue
- Strategies to overcome any challenges

## 5. Conclusion

I am looking forward to our conversation and to supporting you in achieving your academic ambitions.

Best regards,

[Insert Advisor Name] [Insert Contact Information]