

Dear [Advisor's Name],

I hope this message finds you well. My name is [Your Name], and I am a [Your Year, e.g., sophomore] majoring in [Your Major] at [Your University]. I am reaching out to request an appointment for pre-med advising.

I am considering applying to medical school and would greatly appreciate your guidance on the prerequisites, application process, and any other advice you could provide to help me prepare. I am available on [insert your availability], but I am willing to accommodate your schedule as best as possible.

Thank you for your time and assistance. I look forward to hearing from you soon.

Sincerely,
[Your Name]
[Your Contact Information]
[Your Student ID (if applicable)]