

Dear [Recipient's Name],

I hope this message finds you well. My name is [Your Name], and I am currently a [Your Year, e.g., sophomore] studying [Your Major] at [Your Institution]. I am reaching out to seek your guidance regarding research opportunities that align with my academic interests.

Having a keen interest in [Specific Area of Interest], I am eager to broaden my knowledge and gain practical experience in this field. I would greatly appreciate any advice you could provide on available research positions, internships, or projects, as well as any specific skills or qualifications that might be beneficial for pursuing these opportunities.

Thank you very much for your time and assistance. I look forward to your valuable insights.

Sincerely,

[Your Name]

[Your Contact Information]

[Your Institution]