Follow-Up on Second Major Advising Meeting

Dear [Advisor's Name],

I hope this message finds you well. I wanted to follow up regarding our recent advising meeting on [date]. I truly appreciate the time you took to discuss my academic path and future opportunities.

As we discussed, I am particularly interested in [specific topics or courses mentioned]. I have been reflecting on our conversation and would love to explore these areas further. If there are any additional resources or suggested readings you could provide, it would be greatly appreciated.

Additionally, I would be grateful for any updates on [specific applications, opportunities, or projects mentioned during the meeting]. I am eager to stay engaged and proactive in my academic journey.

Thank you once again for your support and guidance. I look forward to our continued discussions and appreciate your assistance as I navigate my major.

Best regards,

[Your Name]

[Your Student ID]

[Your Contact Information]