

Cease Communication Letter

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Recipient's Name]

[Recipient's Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally request that you cease all communications with me. Despite my previous requests, I continue to receive unwanted messages from you. This includes, but is not limited to, phone calls, text messages, and emails.

Please consider this letter as a final notice to stop all forms of communication. If I receive any further messages, I will have no choice but to take appropriate action.

Thank you for your immediate attention to this matter.

Sincerely,

[Your Name]