

Cease Communication Letter

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Date]

[Recipient's Name]

[Recipient's Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally request a cessation of all communication between us. Due to privacy concerns, I no longer wish to receive any texts, calls, emails, or other forms of communication from you.

Please respect my request and refrain from contacting me in any manner going forward. I expect that this will be honored, as I value my privacy.

Thank you for your understanding.

Sincerely,

[Your Name]