

Appointment Cancellation Apology

Dear [Therapist's Name],

I hope this message finds you well. I am writing to sincerely apologize for having to cancel my therapy appointment scheduled for [Date] at [Time]. Unfortunately, [brief reason for cancellation].

I understand the importance of our sessions and I regret any inconvenience this may have caused. I appreciate your understanding and would like to reschedule our meeting at your earliest convenience.

Thank you for your support and understanding.

Best regards,

[Your Name]

[Your Contact Information]