

Nutritional Needs Acknowledgment

Date: [Insert Date]

To Whom It May Concern,

I, [Your Name], acknowledge that I have discussed my nutritional needs with [Dietitian/Nutritionist Name] on [Date of Consultation].

As per our discussion, my specific nutritional requirements include:

- [Nutritional Requirement 1]
- [Nutritional Requirement 2]
- [Nutritional Requirement 3]

I understand the importance of adhering to this nutritional plan and commit to following the guidelines provided to me.

Thank you for your attention to my health and dietary needs.

Sincerely,

[Your Name]

[Your Contact Information]