

# Announcement: New Employee Wellness Program

Dear Team,

We are excited to announce the launch of our new Employee Wellness Program aimed at promoting health and well-being among our staff. Starting on **[start date]**, this program will include a variety of activities and resources designed to support your physical, mental, and emotional health.

## Program Highlights:

- Monthly fitness classes including yoga, Zumba, and pilates.
- Nutrition workshops to help you make healthier food choices.
- Access to mental health resources and counseling.
- Regular health screenings and assessments.
- Wellness challenges with exciting rewards and prizes.

Participation is completely voluntary, and we encourage everyone to take advantage of the resources available. More details and a schedule will be provided in the coming weeks.

Let's work together to create a healthier and happier workplace!

Best regards,

**[Your Name]**  
**[Your Job Title]**  
**[Company Name]**