

# Request for Mental Health Support

Date: [Insert Date]

To: [Principal's Name]

[School Name]

[School Address]

Dear [Principal's Name],

I am writing to formally request mental health support for my child, [Child's Name], who is currently in [Grade/Class Name] at [School Name]. We have noticed some challenges that [he/she/they] has been facing, including [insert specific issues such as anxiety, stress, difficulties concentrating, etc.].

We believe that access to mental health resources available at school would greatly benefit [him/her/them], providing necessary support and guidance during this time.

We would appreciate any recommendations for services that could assist [Child's Name] and help [him/her/them] thrive academically and emotionally. Please let us know how we can facilitate this process.

Thank you for your attention to this important matter. We look forward to your prompt response.

Sincerely,

[Your Name]

[Your Contact Information]