

# Dear Parents and Guardians,

We are excited to announce that starting next month, our school will be implementing a transformation of our lunch menu to promote healthier eating habits among our students.

The new menu will include:

- More fresh fruits and vegetables
- Whole grain options
- Reduced sodium and sugar content
- Variety of protein sources, including plant-based options

We believe that these changes will not only nourish our students but also encourage them to make healthier choices throughout their day.

We invite you to join us at our upcoming information session on **[Date]** at **[Time]** in the school cafeteria, where we will discuss the details of the new menu and answer any questions you may have.

Thank you for your continued support in promoting wellness within our school community.

Sincerely,

**[Your Name]**  
**[Your Title]**  
**[School Name]**