

Dear Parents and Guardians,

We are excited to inform you about upcoming updates to our school dietary menu aimed at promoting healthier eating habits and providing balanced nutrition for our students.

What's New:

- Increased availability of fresh fruits and vegetables.
- Inclusion of whole grains in all meal options.
- Reduction of sodium and sugar in prepared foods.
- Introduction of vegetarian and vegan meal options.

We believe these changes will positively impact our students' health and wellbeing. Your feedback is invaluable in this process. Please feel free to reach out if you have any questions or suggestions.

Meeting Information:

Join us for a parent meeting on **Date** at **Time** in **Location** to discuss these updates and more.

Thank you for your continued support.

Sincerely,

Your Name
Your Position
School Name
Contact Information