

# Dietary Restrictions Notification

Date: [Insert Date]

To: [Organizer's Name]

From: [Your Name]

Subject: Dietary Restrictions for Upcoming Seminar

Dear [Organizer's Name],

I hope this message finds you well. I am writing to inform you of my dietary restrictions for the upcoming seminar scheduled on [Insert Date].

I have the following dietary restrictions:

- [List specific dietary restriction 1, e.g., gluten-free]
- [List specific dietary restriction 2, e.g., vegetarian]
- [List specific dietary restriction 3, e.g., nut allergy]

I would appreciate it if appropriate meal options could be provided to accommodate my needs. Thank you for your understanding and support.

Best regards,

[Your Name]

[Your Contact Information]