# **Health Benefits Overview**

Dear [Employee Name],

We are pleased to provide you with an overview of the health benefits available to you as part of your employment with [Company Name]. Below are the key components of your health benefits package:

#### 1. Health Insurance

You are eligible for our health insurance plan, which includes:

- Medical coverage for doctor visits, hospital stays, and preventive care.
- Prescription drug coverage.
- Access to a wide network of healthcare providers.

## 2. Dental Insurance

Our dental plan offers:

- Coverage for routine cleanings and exams.
- Fillings and other necessary dental work.
- Orthodontic benefits for eligible dependents.

#### 3. Vision Insurance

Your vision benefits include:

- Annual eye exams.
- Discounts on glasses and contact lenses.

# 4. Wellness Programs

We encourage a healthy lifestyle through our wellness initiatives, which include:

- Fitness reimbursement programs.
- Access to mental health resources.

### **Enrollment Information**

You can enroll in your health benefits during the open enrollment period, which begins on [Start Date] and ends on [End Date]. For more information on how to enroll, please visit [Insert Enrollment Link].

Thank you for being a valued member of our team. If you have any questions regarding your health benefits, feel free to reach out to our HR department.

Sincerely,

[Your Name] [Your Job Title] [Company Name]