Dear [Friend's Name],

I hope this letter finds you in good spirits. I've been reflecting on our recent dispute and I want to take a moment to express my feelings and thoughts.

I realize that our disagreement has caused tension between us, and that is the last thing I ever wanted. Our friendship means so much to me, and I believe that with open communication, we can mend our relationship.

I apologize for my part in the misunderstanding and any hurt I may have caused you. I value your perspective and would love to hear your thoughts on how we can move past this together.

Let's meet up and talk it out when you're ready. I'm here, and I genuinely want to fix things between us.

Thank you for considering my feelings. I look forward to hearing from you soon.

Warm regards,

[Your Name]