

Cancellation of Personal Training Services

Date: [Insert Date]

To: [Trainer's Name]

From: [Your Name]

Address: [Your Address]

Dear [Trainer's Name],

I hope this message finds you well. I am writing to formally notify you of my decision to cancel my personal training services effective immediately.

Over the past [duration], I have not observed the level of progress I had hoped for in my fitness journey. Despite our efforts and your guidance, I feel that the training regimen has not aligned with my personal goals and expectations.

I appreciate the time and effort you have invested in my training, and I want to thank you for the support you've provided during our sessions.

If you require any further information or need to discuss this matter, please feel free to reach out.

Thank you for your understanding.

Sincerely,

[Your Name]

[Your Contact Information]