

Cancellation of Personal Training Services

Date: [Insert Date]

Dear [Trainer's Name],

I hope this message finds you well. I am writing to formally inform you of my decision to cancel my personal training services, effective [Insert Cancellation Date].

After careful consideration, I have decided to change my fitness goals, which no longer align with the current training program. I appreciate your guidance and support throughout our training sessions, and I am grateful for the progress I have made.

Please let me know if there are any formalities that need to be completed regarding this cancellation. Thank you for everything, and I wish you all the best in your future training endeavors.

Sincerely,

[Your Name]

[Your Contact Information]