

# Cancellation of Personal Trainer Services

Dear [Client's Name],

I hope this message finds you well. I am writing to formally inform you that I will be canceling your personal training sessions effective [cancellation date].

This decision has not come lightly, as I have enjoyed working with you and witnessing your progress. However, I believe it is important for you to explore alternative fitness options that may better suit your current goals and lifestyle.

As you transition, I recommend considering some local fitness studios, group classes, or online training programs that might provide the variety and motivation you are looking for. If you'd like, I can provide you with a list of these options.

Thank you for allowing me to be part of your fitness journey. Should you decide to continue with personal training in the future, please feel free to reach out at any time.

Wishing you all the best in your fitness endeavors!

Sincerely,

[Your Name]

[Your Contact Information]

[Your Business Name]