Dear [Patient's Name],

We hope this message finds you well. We are reaching out to schedule your follow-up appointment as discussed during your recent visit.

Please let us know your availability for the following dates and times:

- [Date Option 1: Time]
- [Date Option 2: Time]
- [Date Option 3: Time]

If none of these options work for you, please feel free to suggest an alternative date and time that is convenient for you.

Thank you for your attention. We look forward to seeing you soon!

Sincerely,

[Your Name]

[Your Position]

[Your Contact Information]

[Clinic/Hospital Name]