Date: [Insert Date]
[Recipient's Name]
[Recipient's Title]
[Team or Organization Name]
[Address]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to inquire about the status of my application for a position on the [specific sports team name]. I submitted my application on [insert application date] and am eager to receive any updates regarding my application status.

Understanding that the selection process takes time, I would greatly appreciate any information you could provide regarding my application and the timeline for decisions.

Thank you for your attention to this matter. I look forward to hearing from you soon.

Sincerely,

[Your Name]

[Your Contact Information]