Dear [Coach's Name],

I hope this message finds you well. I am writing to inquire about the status of my application for the [Team Name] for the upcoming season. I submitted my application on [Date of Submission] and am eager to know if there have been any updates regarding the selection process.

As a passionate athlete, I am very excited about the opportunity to contribute to the team and develop my skills further. I would appreciate any information you could provide regarding my application status.

Thank you for your time and consideration.

Sincerely,
[Your Name]
[Your Contact Information]
[Your Address]