Dear [Agent's Name],

I hope this message finds you well. I wanted to reach out and reconnect after our last correspondence regarding my manuscript, [Title of Your Manuscript]. Since we last spoke, I have made several revisions and would love to share the updated version with you.

Additionally, I've been actively engaging with the writing community and have received positive feedback. I believe the manuscript has grown significantly and aligns well with the current market trends.

If you're still interested, I would greatly appreciate any time you could spare to discuss it further. Thank you for your past guidance and support; I look forward to your thoughts.

Warm regards, [Your Name] [Your Contact Information]