

# Follow-up on Our Recent Mentor Meeting

Dear [Mentor's Name],

I hope this message finds you well. I wanted to take a moment to thank you for our recent meeting on [Date]. I truly appreciate the insights and guidance you shared regarding my work and the residency program.

During our conversation, I found your suggestions about [specific topics discussed] particularly helpful. I am excited to implement your ideas on [briefly mention how you plan to apply their advice].

Please let me know if there are any additional resources or opportunities you think might be beneficial for me as I move forward. I look forward to updating you on my progress soon.

Thank you once again for your support and mentorship!

Best regards,

[Your Name]

[Your Contact Information]

[Your Website or Portfolio Link]