Dear [Residency Program Coordinator's Name],

I hope this message finds you well. I am writing to inquire about the status of my application for the [Name of the Residency Program] that I submitted on [Submission Date]. I am eager to know if there have been any updates regarding the selection process.

Thank you for your time and consideration. I look forward to your response.

Warm regards,
[Your Name]
[Your Contact Information]
[Your Website or Portfolio Link]