Follow-Up on Internship Application

Dear [Recipient's Name],

I hope this message finds you well. I wanted to follow up regarding my application for the [Internship Position] at [Company Name] submitted on [Date of Application]. I am very enthusiastic about the opportunity to contribute to your team and gain valuable experience in [Field/Area of Interest].

If there are any updates regarding my application status or the selection process, I would greatly appreciate hearing from you. Thank you for considering my application. I look forward to the possibility of discussing this exciting opportunity with you.

Best regards,

[Your Name]

[Your Phone Number]

[Your Email Address]