Dear [Recipient's Name],

I hope this message finds you well. I am writing to follow up regarding the ethics approval for my manuscript titled "[Manuscript Title]" submitted on [Submission Date]. As the publication process moves forward, I wanted to check on the status of the ethics approval as it is crucial for the next steps in my submission.

If there are any additional documents or information required from my side to facilitate this process, please let me know, and I will be happy to provide them.

Thank you for your attention to this matter. I look forward to your prompt response.

Best regards,

[Your Name][Your Affiliation][Your Email][Your Phone Number]