Subject: Follow-up on Research Proposal Review

Dear [Recipient's Name],

I hope this message finds you well. I am writing to follow up on my research proposal titled "[Title of Research Proposal]," which I submitted on [Submission Date]. I wanted to check if there are any updates regarding the review process.

If there are any questions or further information required regarding my proposal, please feel free to let me know. I am more than happy to provide any additional details that might assist in the evaluation.

Thank you for your attention to this matter. I look forward to your response.

Best regards,

[Your Name][Your Position][Your Institution][Your Contact Information]