

# Follow-Up Mentoring Session Request

Dear [Mentor's Name],

I hope this message finds you well. I wanted to take a moment to thank you for our previous mentoring session on [date of last session]. Your insights on [specific topic discussed] were incredibly helpful.

I would like to request a follow-up mentoring session to discuss further on [specific topics or questions you have]. I believe your guidance will be invaluable as I continue to navigate this journey.

Are you available for a meeting in the coming weeks? I am flexible with timings and can adjust to your schedule.

Thank you once again for your support. I look forward to hearing from you soon.

Best regards,  
[Your Name]  
[Your Contact Information]