Dear [Recipient's Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt thanks for the recommendation you provided for me regarding [specific opportunity, job, program, etc.]. Your support means a great deal to me.

I've recently learned that [share any relevant updates about the opportunity or your journey]. Your recommendation played a crucial role in this process, and I am truly grateful for your belief in my abilities.

Thank you once again for your kindness and support. I look forward to keeping you updated on my journey!

Warm regards,

[Your Name]

[Your Contact Information]