Dear [Recipient's Name],

I hope this message finds you well. I wanted to take a moment to thank you for the opportunity to connect during [Event/Meeting Name] on [Date]. I truly appreciated our conversation about [specific topic discussed].

Your insights on [specific details] were incredibly valuable and have given me a lot to think about as I pursue [your goals/next steps]. I am grateful for your willingness to share your expertise and experiences.

I look forward to staying in touch and hope to collaborate in the future. Please let me know if there's ever anything I can assist you with.

Thank you once again!

Best regards,
[Your Name]
[Your LinkedIn Profile or Contact Information]