Dear [Mentor's Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt thanks for the invaluable mentorship you provided during [specific time period or project]. Your guidance and support were instrumental in helping me navigate through the challenges I faced.

The insights you shared on [specific topic or skill] have greatly influenced my approach and understanding. I truly appreciate the time you dedicated to help me grow both personally and professionally.

Thank you once again for your encouragement and support. I look forward to staying in touch and hope to keep learning from you in the future.

Warm regards, [Your Name]