

**Dear [Name],**

I hope this letter finds you in good spirits. I want to take a moment to remind you of your incredible strength and resilience during this challenging time.

Every day brings new opportunities for healing, and I believe in your ability to overcome this struggle. Remember to take things one day at a time and lean on those who care about you.

Rest assured that brighter days are ahead, and you are not alone on this journey. I'm here for you, cheering you on every step of the way.

Wishing you a smooth and healthy recovery.

With love and hope,

[Your Name]