

# Dear Community Members,

We are excited to announce the launch of our new **Community Wellness Program**, aimed at promoting health and well-being among all residents!

## **Program Details:**

- **Start Date:** March 1, 2024
- **Location:** Community Center, Main Hall
- **Duration:** 12 weeks

This program will include:

- Weekly fitness classes
- Nutrition workshops
- Mental health support sessions

Join us for an introductory meeting on **February 15, 2024**, at 6:00 PM to learn more about this exciting opportunity.

We look forward to seeing you there!

Best regards,

**Your Community Wellness Team**