

# Dear Team Members,

We hope this message finds you well. We wanted to inform you about a modification to our practice schedule.

Effective from **October 15, 2023**, the new practice times will be as follows:

- Monday: 5:00 PM - 7:00 PM
- Wednesday: 6:00 PM - 8:00 PM
- Friday: 4:00 PM - 6:00 PM

Please make the necessary arrangements to accommodate the new schedule. Your punctuality and dedication are greatly appreciated.

If you have any questions or concerns, feel free to reach out to us.

Best regards,

The Coaching Staff