# **Sports Team Safety Guidelines**

Date: [Insert Date]

Dear [Team Name] Members and Parents,

As we gear up for the upcoming season, the safety of our players is our top priority. We have established the following safety guidelines to ensure a safe and enjoyable experience for everyone involved:

#### 1. Health Checks

Players must undergo health screenings before each practice and game. Any player exhibiting symptoms of illness will be required to stay home.

## 2. Equipment Safety

All players must wear appropriate protective gear during practices and games. Each player is responsible for ensuring their equipment is in good condition.

## 3. Hydration

Players should stay hydrated before, during, and after practices and games. Please ensure players have access to water at all times.

### 4. Emergency Procedures

In the event of an emergency, please follow the established procedures and contact the coaching staff immediately.

#### 5. Communication

For any concerns regarding safety or health, please communicate with the coaching staff promptly. Open lines of communication are crucial.

We appreciate your cooperation in following these guidelines. Together, we can ensure a safe and successful season.

Best Regards,
[Your Name]

[Your Title]

[Team Name]