

Letter of Appreciation

Date: [Insert Date]

To: [Team Name]

From: [Your Name]

Subject: Appreciation for Your Mental Health Support

Dear [Team Name],

I am writing to express my heartfelt appreciation for the invaluable mental health support you have provided to our athletes. Your dedication to fostering a positive environment where mental wellbeing is prioritized has made a significant difference in their performance and overall happiness.

It is commendable how you have integrated mental health awareness into our sports culture, encouraging open discussions and providing resources that empower our team members. Your efforts in promoting a healthy mindset alongside physical training have not gone unnoticed.

Thank you once again for your commitment to our athletes' mental wellness. Together, we are not just building stronger players but also healthier individuals.

With sincere gratitude,

[Your Name]

[Your Position]

[Your Contact Information]