

# Sports Team Practice Agenda

Date: **[Insert Date]**

Time: **[Insert Time]**

Location: **[Insert Location]**

## Agenda:

1. Warm-up Exercises (15 mins)
2. Skills Drills (30 mins)
  - Dribbling
  - Shooting
  - Passing
3. Team Strategy Session (20 mins)
4. Scrimmage (30 mins)
5. Cool Down and Stretch (15 mins)

## Important Notes:

- Please arrive 10 minutes early to ensure we start on time.
- Bring water bottles and appropriate gear.
- If you cannot attend, please notify the coach in advance.

Looking forward to seeing everyone there!

Best,

**[Your Name]**

**[Your Position]**

**[Team Name]**