

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Manager's Name]

[Company's Name]

[Company's Address]

[City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally resign from my position at [Company's Name], effective two weeks from today, [Last Working Day].

During my time at [Company's Name], I have faced significant challenges that have adversely affected my well-being and job performance. The toxic work environment and lack of support have led me to this difficult decision. It has become increasingly clear that my experience here is no longer in alignment with my professional values and goals.

While I value the learning opportunities I have had, I believe it is essential for me to pursue a healthier and more supportive work environment. I hope my departure can serve as a catalyst for positive change within the organization.

Thank you for the experiences and the moments that have contributed to my professional development. I wish the team and the company success in the future.

Sincerely,

[Your Name]