

Letter of Resignation for Health Reasons

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Manager's Name]
[Company's Name]
[Company's Address]
[City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally resign from my position at [Company's Name], effective [Last Working Day, typically two weeks from the date above], due to health concerns that have necessitated my departure.

This decision was not made lightly, and I have genuinely enjoyed working at [Company's Name] and am grateful for the opportunities I have had during my time here. However, after careful consideration, I believe it is in my best interest to focus on my health.

I will ensure a smooth transition during my remaining time and am happy to assist in training someone to take over my responsibilities.

Thank you for your understanding and support during this time. I hope to stay in touch in the future.

Sincerely,
[Your Name]