Subject: Request for Job Referral

Dear [Friend's Name],

I hope this message finds you well. I am reaching out to ask for a favor. I recently came across a job opening for [Job Title] at [Company Name], and I am very interested in applying.

Given your experience and insights at the company, I would greatly appreciate your support in referring me for this position. I believe my skills in [mention relevant skills/experience] would make me a great fit for the team.

If you feel comfortable, could you please refer me internally? I have attached my resume for your reference.

Thank you so much for considering my request! I really appreciate your help.

Best regards,

[Your Name]

[Your LinkedIn Profile or Contact Information]